



# SUMMER PROGRAMMING

## Enhancing Social Development

Socialization is an important part of your child's development and is linked to learning opportunities. Social development helps us manage our own feelings, understand others' feelings, and interact in an expected manner. There are many aspects of social development, but a few to consider are perspective taking, communication, & social awareness.

### Perspective Taking

Perspective taking is defined as recognizing and understanding how other people feel as well as their intentions, motivations, thoughts, and desires. This requires us to look at the environment, non-verbal and verbal communication, and consider how our actions and comments affect others. Like a boomerang, our actions impact the other person's feelings and then how that person responds to us. We use this consistent feedback from others to adjust our behaviors and actions. Being able to take the perspective of others helps us be better social communicators.

### Communication

Communication is the ability to exchange information through verbal, non-verbal, and written expression. The ability to recognize our feelings can help us to identify non-verbal communication we can provide to others to help them understand our emotions. A situation can quickly turn awkward and uncomfortable for everyone if someone conveys something sad, but is met with a smile or a laugh. We would also find it strange if someone conveys something he is excited about, but is met with a flat affect.

### Social Awareness

Social awareness is the ability to recognize what is happening around us from situation to situation. It is also the ability to discover any hidden rules within the environment. The hidden social rules within a waiting room are completely different from the rules found at a soccer game. It is like being a detective of our

surroundings to identify what is expected and unexpected.

As children develop, they are afforded many opportunities to interact and learn from those interactions. Some children can pick up on these cues and feedback and make appropriate social adjustments, but others have more difficulty with this. Understanding how perspective taking, communication and social awareness impact socialization can lead to enhancing your child's social development.



# Summer Reading Programs

Children may struggle with reading for a variety of reasons. A full evaluation by a licensed therapist may hold the key to unlocking your child's reading potential.

Following an assessment of skills, our therapists will develop an individual intervention plan utilizing a multi-sensory approach to improve language skills critical to the development of reading and writing.

Skills addressed may include:

- Phonology/ Phonemic awareness
- Grammar
- Sight word recognition and spelling
- Rules and application of phonics
- Vocabulary
- Concepts to increase comprehension

Children who may benefit include those with:

- Phonological, Speech, or Language impairments
- Dyslexia
- Other diagnoses causing difficulty with reading/writing/spelling and reading comprehension

# SOCIAL SKILLS



## Buddy Builders (Ages 3-5 years)

This group will give your child the opportunity to interact and play with peers. Our therapists will utilize modeling and positive behavior strategies to encourage interactions. This group will provide the structure appropriate for this age to enhance predictability and engagement.

## ABCs to Social Skills (Ages 6-8 years)

In this group, your child will participate in instruction of social skills and will be provided with opportunities to practice his skills in fun, play-based activities. Goals include increasing your child's confidence to initiate interactions, listening skills, and understanding social cues.

## Building Friendships Out & About (Ages 8-12 years)

This group will give your child the opportunity to build confidence, develop age-appropriate social skills, and establish positive friendships with peers. Your child will participate in activities that promote communication, taking directions from peers, and negotiation both in a structured setting and in community-based settings.

## Girlfriend Group (Ages 7-12 years)

This group will help girls connect and establish positive friendships with peers. The group will foster self-confidence, communication, conflict resolution, and other issues that directly affect young girls.

## Boys Will Be Boys Club (Ages 11-15 years)

This group will help boys connect and establish positive friendships with each other. The group will foster appropriate behaviors, self-confidence, and communication. Conflict resolution will also be addressed throughout the group.

# SPEECH & LANGUAGE



## Baby Sign and Play (Ages 12- 18 months)

This group is designed to introduce your child to the fun of signing and new vocabulary words. New themes will be introduced each week. Signs help children build their vocabulary, learn to express their wants and needs, and make requests. Cue cards will be provided for home practice.

## Toddler Talk Time (Ages 18 months- 3 years)

This group is designed for children who are not yet talking or who need a boost in their vocabulary. Our speech therapist will encourage your child to use language to engage in songs, art, sensory activities, stories, imaginative play, creative snacks, and theme-based games. A group setting can be a great way to facilitate socialization. Peer models can also facilitate language development.

## Summer Speech

This group will help children practice their articulation skills with peers who have similar goals. When children have similar goals, they have fun using their skills during games and conversations together. Our speech therapist will facilitate conversations and give cues/models of speech sounds as needed. Your child will become more spontaneous, begin to self-correct, and enjoy being successful while building friendships.

## Book Club

Reading can be fun! This group is about putting all the pieces together to make reading fun and easy. Books will be chosen based on the child's/group's reading level to help assist with difficulties in vocabulary, predictions, inferences, comprehension, and discussions. Our therapist will use different strategies to promote the love of reading.

**ALL GROUPS RUN  
MAY 30<sup>TH</sup> - AUGUST 4<sup>TH</sup>**

**Please call for pricing and scheduling.  
An Evaluation may be required for new clients.**



## SKILL BUILDING

### Executive Functioning

(Ages 10-12 years)

If your child struggles with planning activities, figuring out where to start when cleaning his room, or forgets what homework is due, then your child may be having difficulty with executive functioning skills. This group will introduce organizational skills and teach your child how to develop his own strategies to be successful with activities such as homework and chores.

### Summer Handwriting

This group is for children who can form all of their letters and numbers. Your child will work on writing words, adhering to the line, appropriate spacing, and the size of his letters.

### Yoga and Self-Regulation

(Ages 6-8 years)

This group is designed for children who struggle with anxiety, attention, and motor coordination. It will promote increased confidence, coping strategies, and postural control. Children will learn yoga poses and breath work to improve self-regulation and the reduction of stress by calming the parasympathetic nervous system.

### Biker Buddies

(Ages 5 years and above)

This group is for children learning how to ride their bikes. Your child will develop skills needed to be successful in riding a bike including: postural control, motor coordination, and lower extremity strengthening.

### Preschool Prep and Play

(Ages 3-5 years)

This group will assist your child in developing skills needed to become a confident little learner and to start building relationships with peers through associative play. This group will meet for 90 minutes each week.

### Jump Start to Kindergarten

(Ages 4-6 years)

This group will assist your child with developing the skills that he needs for school. The group will address a variety of skills including, but not limited to: attention, communication, fine motor, and social skills. This group will meet for 90 minutes each week.

## Feeding Clinic



Children may have feeding difficulties for a variety of reasons, so it is important to evaluate what factors are impacting feeding before designing a treatment plan.

Our feeding team will evaluate your child, analyzing all of the factors that may be affecting his feeding. A personalized feeding program will then be created to address his individual feeding needs.

Your child might benefit from feeding therapy if he is having trouble with:

- Sensory issues causing him to avoid textures
- Oral motor delays impacting the types and variety of foods
- Anxiety at mealtime
- Behaviors that are preventing him from participating in mealtime experiences
- Developmental delays that are impacting feeding and swallowing
- A lack of progression with textures and complexity of foods



**You're off to great places!  
Today is your day!  
Your mountain is waiting,  
So...  
Get on your way!**

- Dr. Seuss

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3



# LEARNING ENRICHMENT SUMMER CAMPS

"Play is our brain's favorite way of learning"  
-Diane Ackerman

## Week-Long Camps (Ages 5 –12 years)

Our all-day, week-long summer camps run Monday through Friday, 9:00am to 3:00pm. All activities will be interactive and playful while still centered on academics.

Camps will include lessons focusing on:

- Math
- Reading
- Handwriting
- Science
- Social Studies
- Art

Each camp will be designed by an occupational therapist and will incorporate therapeutic activities to address your child's individual goals. Camps will include lessons incorporating:

- Sensory Activities
- Problem Solving
- Conflict Resolution
- Social Skills
- Self-Regulation
- Fine/ Gross Motor skills



Each weekly camp will include a special activity, such as:

- Water-slide inflatables
- Mad Science presentation
- Hands-on reptile experience
- Robotics workshop
- Imagination Pottery
- Meet & greet with characters

Dates:	Themes:
June 5 <sup>th</sup> - 9 <sup>th</sup>	Princesses and Pirates
June 12 <sup>th</sup> - 16 <sup>th</sup>	Super Hero Adventure
June 19 <sup>th</sup> - 23 <sup>rd</sup>	Dr. Seuss: Oh the Places You Will Go
June 26 <sup>th</sup> - 30 <sup>th</sup>	Legos and Robotics
July 10 <sup>th</sup> - 14 <sup>th</sup>	Your Name in Lights (Movie Making)
July 17 <sup>th</sup> - 21 <sup>st</sup>	Ninja Warriors
July 24 <sup>th</sup> - 28 <sup>th</sup>	Star Wars: May the Force be with You
July 31 <sup>st</sup> - Aug. 4 <sup>th</sup>	The Wizarding World of Harry Potter

## Free Parent Seminars

### Understanding Your Sensory Kid

April 6, 2017

This seminar defines sensory processing and its impact on a child's attention learning, behavior, motor skills, feeding skills, social skills and emotional development.

### Speech and Language Tips for Late Talkers

May 4, 2017

Is your child using fewer words than other children his age? In this seminar, a speech-language pathologist will provide an explanation of speech and language milestones and different strategies to help boost your child's communication at home.

### Child Development for the New and Expectant Parent

June 1, 2017

There are so many things to learn and consider as you enter into parenthood. We have put together some information about developmental milestones, sleeping, eating, technology and lots of other things that new and expectant parents are thinking about.

## SUMMER INTENSIVES

### Intensive Individual Therapy

(Ages 5 years and above)

Occupational Therapy and Speech / Language Therapy intensives consist of one individual 90-minute session for five consecutive days. Intensives offer an opportunity for your child to gain skills more rapidly than during a typical treatment program. One week of intensive therapy is the equivalent of two and a half months of a typical, weekly therapy program.

Help your child get a boost in skills before the next school year begins! Your child will engage in a variety of treatment strategies, including: Interactive Metronome, therapeutic auditory programs, visual-vestibular activities, and many more sensory-integrative strategies!

Your child's program will be developed to meet his specific needs and will work toward his specific goals. Results of an intensive therapy program may include improvement in the following areas:

- Attention
- Self-Regulation
- Handwriting Skills
- Motor Coordination
- Core Strength
- And more!

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