



FALL AND WINTER GROUPS AND ACTIVITIES August 29th – December 17th 2016

Welcome!

At Leaps and Bounds, our mission is to enhance the development of children, empower families, and educate the community through innovative, therapeutic programming. Our facility is designed to promote learning and development through individual and group therapy.

All of our groups are developed by licensed occupational and/or speech therapists. We offer groups for all ages and abilities to help your child grow beyond expectations in a fun-filled environment.

Please call for pricing and scheduling information. Some groups may be covered by health insurance. Please call for details. An intake assessment will be required if your child is not already attending Leaps and Bounds.

Your child will be placed in a group that is determined to best meet his therapeutic goals and needs. Group sizes are limited. Dates and times of desired groups may change to accommodate all interested families.



UPCOMING EVENTS

WALK NOW FOR AUTISM SPEAKS

Autism Walk

Join the Leaps and Bounds team to help support our kids with Autism at the Annual Autism Walk held on **October 8, 2016 in St. Louis.**



Free Parent Seminars

Visual Schedules & Supports (Make & Take)

- September 1st, 7:30-9:00 p.m.

Understanding Your Sensory Child

- October 6th, 7:30-9:00 p.m.

Sensory Tools

- November 3rd, 7:30-9:00 p.m.

For more information on our FREE Parent Seminars, check out LeapsAndBoundsKids.com

Social Skills

Buddy Builders

(Ages 3-5 years)

This group will give your child the opportunity to interact and play with peers. Therapists will utilize modeling and positive behavior strategies to encourage interactions. This group will provide the structure appropriate for this age to enhance predictability and engagement.

ABCs to Social Skills

(Ages 6-8 years)

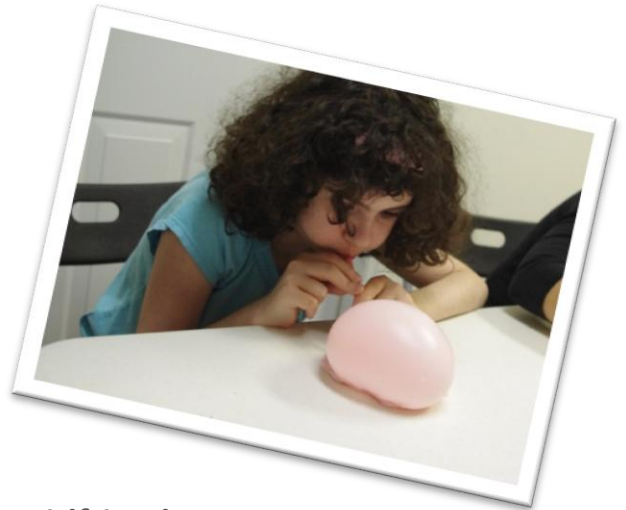
In this group, children participate in instruction of social skills and are provided with opportunities to practice their skills in fun, play-based activities.

Goals include increasing your child's confidence to initiate interactions, listening skills, and understanding social cues.

Building Friendships Out & About

(Ages 8-12 years)

This group will give your child the opportunity to build confidence, develop age-appropriate social skills, and establish positive friendships with peers. Children will participate in activities that promote communication, taking directions from peers, and negotiation both in a structured setting and in community-based settings.



Girlfriend Group

(Ages 7-12 years)

This group will help girls connect and establish positive friendships with peers. The group will foster self-confidence, communication, conflict resolution, and other issues that directly affect young girls.

Boys Will Be Boys Club

(Ages 11-15 years)

This group will help boys connect and establish positive friendships with each other. The group will foster appropriate behaviors, self-confidence, and communication. Conflict resolution will also be addressed throughout the group.

Skill Building

ABCs and 123s Pre-Writing

(Ages 3-4 years)

This group is for children who are starting to become interested in letters and numbers. The group will focus on pre-writing skills along with developing age appropriate grasps and identifying letters and numbers.

Beginner Handwriting

(Ages 4-6 years)

This group is for children who are learning to recognize and write all the letters of the alphabet along with numbers 1-10. The group will teach your child efficient letter formation and will facilitate appropriate pencil grasp.

Advanced Handwriting

(Ages 5-7 years)

This group is for children who can form all of their letters and numbers. These children are working on writing words, adhering to the line, appropriate spacing, and the size of their letters.



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Feeding



Munch and Crunch Lunch

(Ages 3-5 years)

Join us at lunch as we create, play, and taste new food to help diversify your child's diet! We want to decrease anxiety around mealtime and help make eating fun. This group utilizes peers to challenge each child and model interacting with food.

Parent & Me Feeding

(Ages 18 months to 3 years)

This group is for children who appear to be "picky eaters" and refuse all but a few food choices. At this age, children begin to gain independence. They will seek out control over their food choices which limits their nutritional intake. In this group, learn fun and creative ways to boost your child's nutrition. The parent is expected to participate in the group.

Speech & Language

FAST FACTS

75%

At the age of 3-3 ½ years old, 75% of a child's language should be intelligible to an unfamiliar listener, and he should be combining more than 3-word phrases.

100%

By 4 to 4 ½ years old, a child's language should be 100% understood to an unfamiliar listener and he should be producing v, dg, gl sounds.

FOR MORE INFORMATION

We offer free consultations with our Speech and Language Pathologist to determine if your child is appropriately meeting developmental milestones.

Baby Sign and Play

(Ages 12- 18 months)

This speech/language group is designed to introduce your child to the fun of signing and new vocabulary words. New themes will be introduced each week. Signs help children build their vocabulary, learn to express their wants and needs, and make requests! Cue cards will be provided for home practice.

Toddler Talk Time

(Ages 18 months- 3 years)

This is a speech/language group to help children who are not yet talking or who need a boost in their vocabulary. The speech therapist will encourage the child to use language to engage in songs, art, sensory activities, stories, imaginative play, creative snacks, and theme-based games! A group setting can be a great way to facilitate socialization. Peer models can also facilitate language development.

Speech Buddies

This is a speech group to help children practice their articulation skills with peers who have similar goals. When children have similar goals, they have fun using their skills during games and conversations together. The speech therapist will facilitate conversations and give cues/models of speech sounds as needed. Clients will become more spontaneous, begin to self-correct, and enjoy being successful while building friendships.

Enrollment continues through **October 10th**.

An intake assessment will be required for children not already attending Leaps and Bounds to ensure all children will receive maximum benefit from the groups.

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Events

Parents Day Out Program

Have your little one join us for a morning of fun, filled with movement, creative play, social skills, and fine motor activities. A snack will also be provided. For children ages 2-5 years old.

- September 19th from 9-10:30 a.m.
- October 17th from 9-10:30 a.m.
- November 14th from 9-10:30 a.m.
- December 12th from 9-10:30 a.m.



One Day Fun Days

- **Fall Festival Fun Day**
September 9th from 4:30- 7:30 p.m.
- **Spooktacular Halloween Fun Day**
October 29th from 12:30-3:30 p.m.
- **Holly, Jolly, Holiday Fun Day**
December 3rd from 12:30-3:30 p.m.

Fall Learning Enrichment Camp

Return of the Jedi (*Star Wars Theme*) October 10th-14th

(Ages 5-12 years)

Leaps and Bounds is excited to announce our new whole-day fall program. This group will run Monday through Friday from 9 a.m. – 3 p.m.

This camp will be tailored to your child's individual learning needs. Activities will be interactive and playful while still centered on academics.

Areas addressed throughout the week:

- Learning Enrichment Opportunities in:
Math, Science, Art, Reading, Social Studies, & Writing
- Sensory Play
- Problem Solving
- Social Skills



Find us on
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